Check out all of the great things you get with your U of U Health Plan...

NETWORK OPTIONS

You can choose your network of physicians and hospitals. NOW with our statewide Healthy Premier network, you have access to Steward along with U of U Health, MountainStar and many other local, award-winning hospitals and clinics. If you live along the Wasatch front, Healthy Preferred provides you access to U of U Health and MountainStar and many other physicians and hospitals in your neighborhood. Your health plan is the ONLY Marketplace option that provides access to U of U Health hospital and clinics.

TELEHEALTH

Convenient care from providers offered from your phone, tablet or computer. Common conditions treated through telehealth include: allergies, cough, cold, flu, eye infections and skin conditions, such as rash.

U OF U HEALTH VIRTUAL VISITS
Available 9 am– 9 pm, 7 days a week
Call **801–213–UNOW**

MD LIVE — *Coming 2020*
Available 24 hours, 7 days a week
*Medical & Behavioral Health Care

MEMBER DISCOUNTS

ALTERNATIVE & SELF-CARE*
10% off Aesthetician Services
$40 Acupuncture Visits
$50 for a 1 Hour Massage
South Jordan Health Center Only

GYM MEMBERSHIPS
We have contracted with local gyms to offer discounted gym memberships just for you. Visit uhealthplan.utah.edu/2020 to learn more.

OPTICAL CARE*
10% off All Vision Correcting Procedures
30% off Frames
20% off Lenses, Lens Treatments & Sunglasses
10% off Contacts
Moran Eye Center Locations Only

ACCESS ASSISTANCE

As a U of U Health Plans member, you can call our Access Assistance line to help find a provider, transition to an in–network provider or schedule an appointment. Call **801–587–2851**

MENTAL HEALTH SERVICES

In partnership with the U of U Neuropsychiatric Institute (UNI), we offer a 24/7 CrisisLine and a Mobile Crisis Outreach Team for crisis intervention, suicide prevention and treatment information. Call **801–213–0816**

NURSE LINE

If you would like general information about health resources related to your insurance, our nurses are here to help 24 hours a day, 7 days a week.
Call **801–505–3198**

HEALTH PLANS
UNIVERSITY OF UTAH