

Check out all of the great things you get with your U of U Health Plan.



HEALTHY PREMIER

Healthy Premier is one of Utah's largest provider networks with access to U of U Health, Steward Health Care, MountainStar Healthcare, and many other local, award-winning hospitals and providers.

HEALTHY PREMIER IS AVAILABLE IN THE FOLLOWING COUNTIES:

Beaver	Davis	Grand	Millard	San Juan	Uintah	Wayne
Box Elder	Duchesne	Iron	Morgan	Sevier	Utah	Weber
Carbon	Emery	Juab	Piute	Summit	Wasatch	
Daggett	Garfield	Kane	Salt Lake	Tooele	Washington	



TELEHEALTH

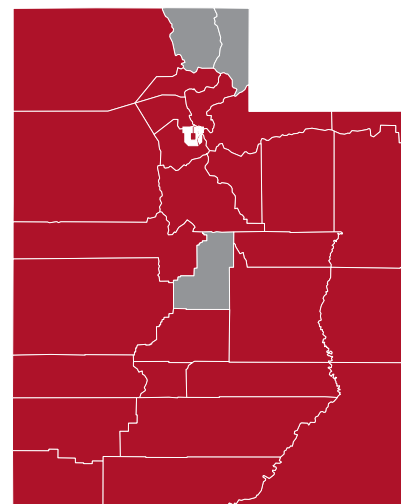
Convenient care from providers offered from your phone, tablet or computer. Common conditions treated through telehealth include: allergies, cough, cold, flu, eye infections and skin conditions, such as rash.

MD LIVE

Available 24 hours, 7 days a week

Medical & Behavioral Health Care

Call **1-844-475-2050**



MEMBER DISCOUNTS

ALTERNATIVE & SELF-CARE

As a U of U Health Plans member, you can get discounts on health-related products and services. For specific discounts, please visit uofuhealthplans.org.

GYM MEMBERSHIPS

We have contracted with local gyms to offer discounted gym memberships just for you.

OPTICAL CARE*

10% off All Vision Correcting Procedures
30% off Frames
20% off Lenses, Lens Treatments & Sunglasses
10% off Contacts

**Moran Eye Center Locations Only*



ACCESS ASSISTANCE

As a U of U Health Plans member, you can call our Access Assistance line to help find a provider, transition to an in-network provider or schedule an appointment. Call **801-587-2851**



MENTAL HEALTH SERVICES

In partnership with the Huntsman Mental Health Institute, we offer a 24/7 CrisisLine and a Mobile Crisis Outreach Team for crisis intervention, suicide prevention and treatment information. Call **801-213-0816**



NURSE LINE

If you would like general information about health resources related to your insurance, our nurses are here to help 24 hours a day, 7 days a week. Call **801-505-3198**

TO LEARN MORE, VISIT UOFUHEALTHPLANS.ORG

