



# TELEHEALTH SERVICES

## INSTANT ONLINE CARE

You have access to telehealth services for instant online care when and where you need it most. Telehealth combines the personal experience of an in-person visit with the convenience of today's technology. You can access these services from your smart phone, tablet or computer, anytime— day or night.

**MDLIVE**  
**1.844.475.2050**

Medical & Behavioral Health Care

**Available Nationwide— 24 hours,  
7 days a week**

Download the app or visit  
**[mdlive.com/uhealthplans](https://mdlive.com/uhealthplans)**

*See your benefit plan documents  
for associated costs.*



FOR MORE INFORMATION

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**HEALTH PLANS**  
UNIVERSITY OF UTAH