Check out all of the great things you get with your U of U Health Plan.

**HEALTHY PREMIER**

16,490+ PROVIDERS 45 HOSPITALS 99 URGENT CARES

Healthy Premier is one of Utah’s largest provider networks with access to U of U Health, Holy Cross, MountainStar Healthcare, and many other local, award-winning hospitals and providers.

**HEALTHY PREMIER IS AVAILABLE IN THE FOLLOWING COUNTIES:**
- Beaver
- Box Elder
- Carbon
- Daggett
- Davis
- Duchesne
- Emery
- Garfield
- Grand
- Iron
-Juab
-Kane
-Millard
-Morgan
-Piute
-Salt Lake
-San Juan
-Sevier
-Summit
-Tooele
-Utah
-Wasatch
-Wayne

**TELEHEALTH**

Convenient care from providers offered from your phone, tablet or computer. Common conditions treated through telehealth include: allergies, cough, cold, flu, eye infections and skin conditions, such as rash.

**MD LIVE**

Available 24 hours, 7 days a week

Medical & Behavioral Health Care

Call 1-844-475-2050

**MEMBER DISCOUNTS**

As a U of U Health Plans member, you can get discounts on health-related products and services. For specific discounts, please visit uofuhealthplans.org.

**ACCESS ASSISTANCE**

As a U of U Health Plans member, you can call our Access Assistance line to help find a provider, transition to an in-network provider or schedule an appointment. Call 801-587-2851

**MENTAL HEALTH SERVICES**

In partnership with the Huntsman Mental Health Institute, we offer a 24/7 CrisisLine and a Mobile Crisis Outreach Team for crisis intervention, suicide prevention and treatment information. Call 801-213-0816

**NURSE LINE**

If you would like general information about health resources related to your insurance, our nurses are here to help 24 hours a day, 7 days a week. Call 801-505-3198

TO LEARN MORE, VISIT UOFUHEALTHPLANS.ORG

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