



# **HEALTHY**PREMIER

#### 16,490+ PROVIDERS 45 HOSPITALS 99 URGENT CARES

Healthy Premier is one of Utah's largest provider networks with access to U of U Health, Holy Cross, MountainStar Healthcare, and many other local, award-winning hospitals and providers.

#### HEALTHY PREMIER IS AVAILABLE IN THE FOLLOWING COUNTIES:

Beaver	Davis	Grand	Millard	San Juan	Uintah	Wayne
Box Elder	Duchesne	Iron	Morgan	Sevier	Utah	Weber
Carbon	Emery	Juab	Piute	Summit	Wasatch	
Daggett	Garfield	Kane	Salt Lake	Tooele	Washingtor	1



#### **TELEHEALTH**

Convenient care from providers offered from your phone, tablet or computer. Common conditions treated through telehealth include: allergies, cough, cold, flu, eye infections and skin conditions, such as rash.



Available 24 hours, 7 days a week Medical & Behavioral Health Care Call 1-844-475-2050



### MEMBER DISCOUNTS

As a U of U Health Plans member, you can get discounts on health-related products and services. For specific discounts, please visit uofuhealthplans.org.



# **ACCESS ASSISTANCE**

As a U of U Health Plans member, you can call our Access Assistance line to help find a provider, transition to an in-network provider or schedule an appointment. Call **801-587-2851** 



# MENTAL HEALTH SERVICES

In partnership with the Huntsman Mental Health Institute, we offer a 24/7 CrisisLine and a Mobile Crisis Outreach Team for crisis intervention, suicide prevention and treatment information. **Call 801-213-0816** 



# **NURSE LINE**

If you would like general information about health resources related to your insurance, our nurses are here to help 24 hours a day, 7 days a week. Call **801-505-3198** 



TO LEARN MORE, VISIT UOFUHEALTHPLANS.ORG



