

# CRISIS INTERVENTION & OUTPATIENT MENTAL HEALTH SERVICES

Members of our community should never feel they must face a mental health challenge alone. University of Utah Health Plans and Huntsman Mental Health Institute have teamed up to provide crisis response programs that aim to provide immediate access to mental health care. From a fast-acting Mobile Crisis Outreach Team (MCOT) to Utah Warm Line, which offers a compassionate voice on the other end of the line, U of U Health Plans members have access to a safety net when they need it most.

## FOR ANY MENTAL HEALTH CRISIS:

### **National Suicide Prevention & Crisis Lifeline – Dial 988**

- 24 hours a day, seven days a week, including holidays
- You will be connected with a Utah crisis worker

### **Utah Crisis Line – 801.213.0816**

- Certified Crisis Workers provide services 24/7
- Crisis intervention & suicide prevention

## FOR PROMPT, FACE-TO-FACE CRISIS RESPONSE:

### **Huntsman Mental Health Institute Mobile Crisis Outreach Team Triaged through the Utah Crisis Line – 801.213.0816**

- Consultation & support to individuals & families within Salt Lake County and Davis County
- Youth & adult services teams are available 24/7

## FOR SECURE EVALUATION & STABILIZATION:

### **Huntsman Mental Health Institute Receiving Center**

- Short-term stay (up to 23 hours)
- Therapeutic crisis management, assessment & discharge planning



### FOR NON-CRISIS SUPPORT:

Utah Warm Line - 833-SPEAKUT (Toll Free) or 801.587.1055 (Local)

- The hours of phone line operation are 8am – 11pm daily

Huntsman Mental Health Institute

Warm Line – 801.213.0816

- HMHI's Certified Peer Specialists offer support, engagement and a sense of hope and resiliency

### FOR OUTPATIENT APPOINTMENTS

Downtown Behavioral Health Clinic – 801.585.1212

Farmington Behavioral Health Clinic – 801.213.3770

Park City Behavioral Health Clinic - 435.658.9998

- Services for children, adolescents and adults
- Provides psychiatric evaluation and diagnosis, consultation, therapy services, medication management

Recovery Clinic – 801.585.1575

- Services for adults seeking outpatient support for addiction recovery
- Alcohol and drug treatment and dual diagnosis treatment
- Outpatient detoxification, if medically appropriate



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