

INDIVIDUAL & FAMILY PLANS

# INDIVIDUAL & FAMILY PLANS



**HEALTH PLANS**  
UNIVERSITY OF UTAH

[uhealthplan.utah.edu](http://uhealthplan.utah.edu)

833-981-0214

BY UTAH.  
**FOR UTAH.**



**HEALTH PLANS**  
UNIVERSITY OF UTAH

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# INDIVIDUAL & FAMILY PLANS

University of Utah Health Plans was formed in 1998 as a strategic initiative of University of Utah Health. We are committed to improving the member experience, quality of care, health of populations, and reducing the cost of care. We currently serve members in the Mountain West specializing in the health plan administration of medical, mental health, and pharmacy benefits.

## 2025 MEMBER WELLNESS INCENTIVES

- FLU SHOT **ALL AGES** (\$50 GIFT CARD)
- WELL-CHILD VISIT **AGES 3-17** (\$50 GIFT CARD)
- PREVENTATIVE CARE VISIT **AGES 18+** (\$50 GIFT CARD)
- BREAST CANCER SCREENING **WOMEN AGES 40+** (\$50 GIFT CARD)

\*RESTRICTIONS APPLY. VISIT [UOFUHEALTHPLANS.ORG](http://UOFUHEALTHPLANS.ORG) FOR DETAILS.

## MEMBER BENEFITS



Take control of your healthcare experience with our member benefits package. We can help you find the right doctor, access mental health services, find your secure medical information online, connect to an online Virtual Visit, talk with a registered nurse or take advantage of your member discounts. Visit [uhealthplan.utah.edu](http://uhealthplan.utah.edu) to learn more.

## NETWORK OPTIONS

### UHEALTHPLUS

- 10 HOSPITALS
- 15 URGENT CARES
- 6,440 PROVIDERS

U Health Plus is available in all Davis and Salt Lake County zip codes except 84006. Our U Health Plus network provides you access to thousands of providers, including U of U Health, Primary Children's Hospital, and Holy Cross.

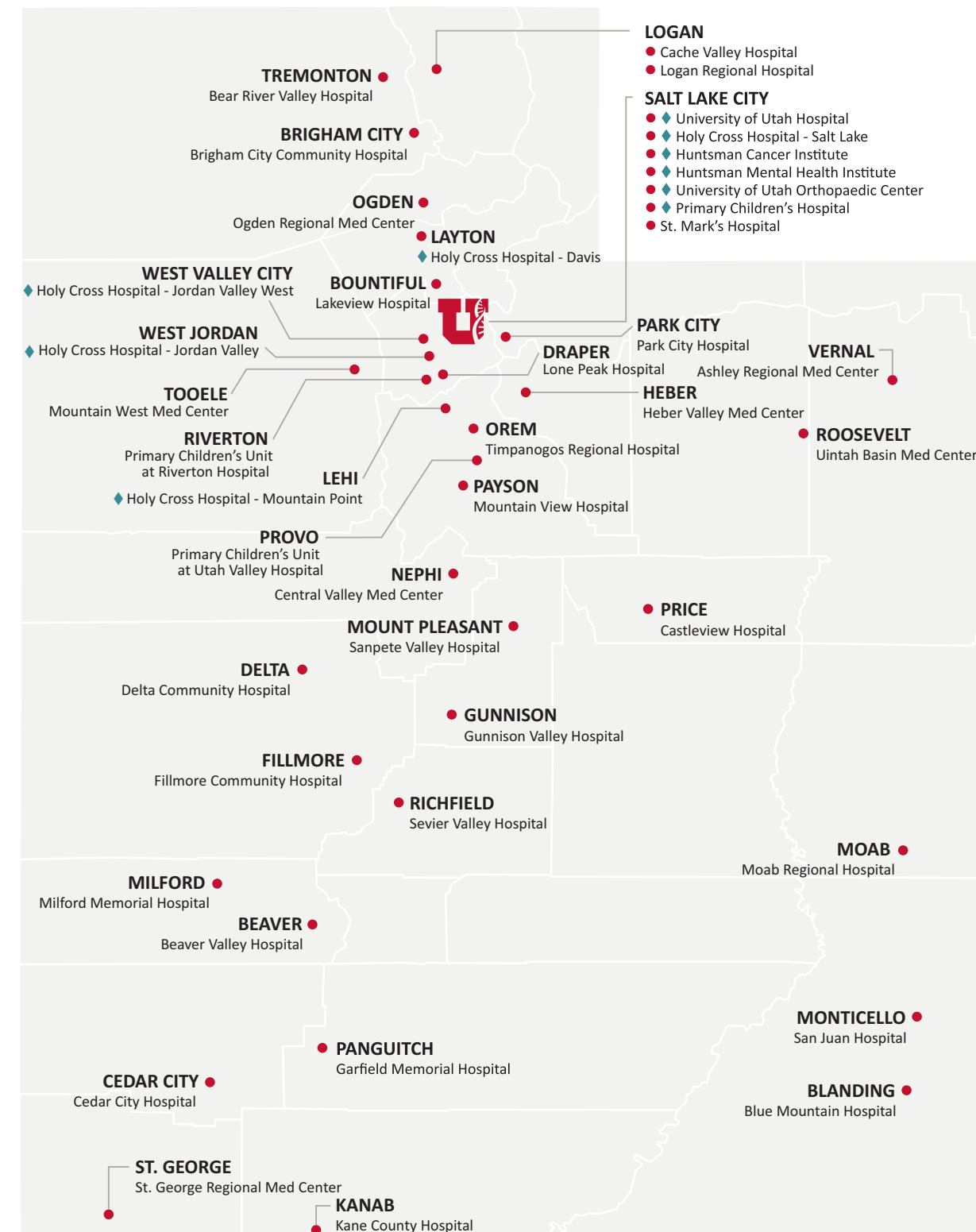
### HEALTHYPREMIER

- 52 HOSPITALS
- 106 URGENT CARES
- 18,310 PROVIDERS

Healthy Premier is one of Utah's largest provider networks with access to U of U Health, Holy Cross, MountainStar Healthcare, and many other local, award-winning hospitals and providers.

## HOSPITAL DIRECTORY

◆ UHEALTHPLUS ● HEALTHYPREMIER



### UHEALTHPLUS

- Holy Cross Hospital - Davis
- Holy Cross Hospital - Jordan Valley
- Holy Cross Hospital - Jordan Valley West
- Holy Cross Hospital - Mountain Point
- Holy Cross Hospital - Salt Lake
- Huntsman Cancer Institute
- Huntsman Mental Health Institute
- Primary Children's Hospital
- University of Utah Hospital
- U of U Orthopaedic Center

### HEALTHYPREMIER

- Ashley Regional Med Center
- Bear River Valley Hospital
- Beaver Valley Hospital
- Blue Mountain Hospital
- Brigham City Community Hospital
- Cache Valley Hospital
- Castleview Hospital
- Cedar City Hospital
- Central Valley Med Center
- Delta Community Hospital
- Fillmore Community Hospital
- Garfield Memorial Hospital
- Gunnison Valley Hospital
- Heber Valley Med Center
- Holy Cross Hospital - Davis
- Holy Cross Hospital - Jordan Valley
- Holy Cross Hospital - Jordan Valley West
- Holy Cross Hospital - Mountain Point
- Holy Cross Hospital - Salt Lake
- Huntsman Cancer Institute
- Huntsman Mental Health Institute
- Kane County Hospital
- Lakeview Hospital
- Logan Regional Hospital
- Lone Peak Hospital
- Milford Memorial Hospital
- Moab Regional Hospital
- Mountain View Hospital
- Mountain West Med Center
- Ogden Regional Med Center
- Park City Hospital
- Primary Children's Hospital
- Primary Children's Unit - Riverton
- Primary Children's Unit - Utah Valley
- San Juan Hospital
- Sanpete Valley Hospital
- Sevier Valley Hospital
- St. George Regional Med Center
- St. Mark's Hospital
- Timpanogos Regional Hospital
- University of Utah Hospital
- U of U Orthopaedic Center
- Uintah Basin Med Center

