

# CASH IN ON **WELLNESS**

## **FLU SHOT ALL AGES**

Earn a \$50 gift card for each plan member that gets a flu shot between August 1 and December 31, 2025.

## **WELL-CHILD VISIT AGES 3-17**

Is your child turning 3 – 17 in 2026? You may qualify for a \$50 gift card. Take your child to a primary care provider (PCP) for a well child visit in 2026. To learn more, visit [uhealthplan.utah.edu/wellchild](http://uhealthplan.utah.edu/wellchild)

## **PREVENTATIVE CARE VISIT AGES 18+**

Earn a \$50 gift card when you complete a preventive care visit (annual exam, wellness checkup) in the 2026 calendar year.

## **BREAST CANCER SCREENING WOMEN AGES 40+**

Earn a \$50 gift card when you complete a mammogram in 2026.

TO LEARN MORE, VISIT [UOFUHEALTHPLANS.ORG](http://UOFUHEALTHPLANS.ORG)

\*The incentives are available to Individual & Family Plan members only. Restrictions apply. Visit our website for details.



**HEALTH PLANS**  
UNIVERSITY OF UTAH