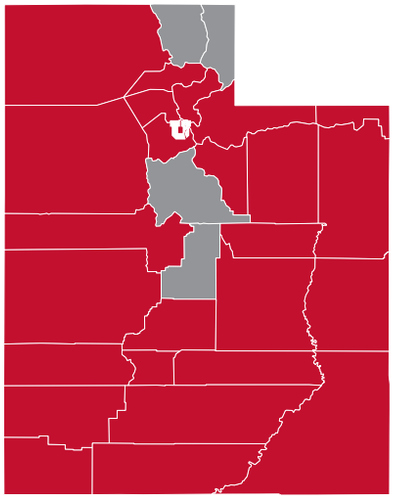
Check out all of the great things you get with your U of U Health Plan.

HEALTHYPREMIER

20,576 PROVIDERS 53 HOSPITALS 119 URGENT CARES

Healthy Premier is one of Utah's largest provider networks with access to U of U Health, Holy Cross, MountainStar Healthcare, and many other local, award-winning hospitals and providers.



HEALTHY PREMIER IS AVAILABLE IN THE FOLLOWING COUNTIES:

Beaver	Davis	Grand	Millard	San Juan	Uintah	Weber
Box Elder	Duchesne	Iron	Morgan	Sevier	Wasatch	
Carbon	Emery	Juab	Piute	Summit	Washington	
Daggett	Garfield	Kane	Salt Lake	Tooele	Wayne	

TELEHEALTH

Convenient care from providers offered from your phone, tablet or computer. Common conditions treated through telehealth include: allergies, cough, cold, flu, eye infections and skin conditions, such as rash.

MD LIVE
Available 24 hours, 7 days a week
Medical & Behavioral Health Care
Call **1-844-475-2050**

MEMBER DISCOUNTS

As a U of U Health Plans member, you can get discounts on health-related products and services. For specific discounts, please visit **uofuhealthplans.org**

ACCESS ASSISTANCE

As a U of U Health Plans member, you can call our Access Assistance line to help find a provider, transition to an in-network provider or schedule an appointment. Call **801-587-2851**

MENTAL HEALTH SERVICES

In partnership with the Huntsman Mental Health Institute, we offer a 24/7 CrisisLine and a Mobile Crisis Outreach Team for crisis intervention, suicide prevention and treatment information. Call **801-213-0816**

NURSE LINE

If you would like general information about health resources related to your insurance, our nurses are here to help 24 hours a day, 7 days a week.
Call **833-757-0706**

TO LEARN MORE, VISIT **UOFUHEALTHPLANS.ORG**

HEALTH PLANS
UNIVERSITY OF UTAH

Rev. 8.2026