Explore the benefits included in your U of U Health Plan.

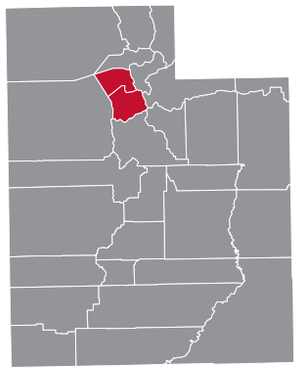
UHEALTHPLUS

8,731 PROVIDERS 10 HOSPITALS 31 URGENT CARES

U Health Plus- some of the lowest premium products offered by University of Utah Health plans - is now available to all those living in Davis and Salt Lake County zip codes!.

Our U Health Plus Network provides you access to award-winning hospitals and clinics right in your neighborhood, including U of U Health, Primary Children's Hospital, and Holy Cross.

U HEALTH PLUS PROUDLY SERVES MEMBERS ACROSS ALL SALT LAKE AND DAVIS COUNTIES.



TELEHEALTH

Convenient care from providers offered from your phone, tablet or computer. Common conditions treated through telehealth include: allergies, cough, cold, flu, eye infections and skin conditions, such as rash.

MD LIVE
Available 24 hours, 7 days a week
Medical & Behavioral Health Care
Call **1-844-475-2050**

MEMBER DISCOUNTS

As a U of U Health Plans member, you can get discounts on health-related products and services. For specific discounts, please visit **uofuhealthplans.org**

ACCESS ASSISTANCE

As a U of U Health Plans member, you can call our Access Assistance line to help find a provider, transition to an in-network provider or schedule an appointment. Call **801-587-2851**

MENTAL HEALTH SERVICES

In partnership with the Huntsman Mental Health Institute, we offer a 24/7 CrisisLine and a Mobile Crisis Outreach Team for crisis intervention, suicide prevention and treatment information. Call **801-213-0816**

NURSE LINE

If you would like general information about health resources related to your insurance, our nurses are here to help 24 hours a day, 7 days a week.
Call **833-757-0706**

TO LEARN MORE, VISIT **UOFUHEALTHPLANS.ORG**

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HEALTH PLANS
UNIVERSITY OF UTAH