


The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.**

**This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, [uhealthplan.utah.edu](http://uhealthplan.utah.edu). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 1-833-981-0214 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	Network Providers: \$0/individual or \$0/family; or \$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes, preventive care, office visits	This <a href="#">plan</a> covers certain <a href="#">preventive services</a> without cost sharing and before you meet your <a href="#">deductible</a> . This plan covers some items and services even if you haven't met the deductible amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. As an example one adult annual routine eye exam is covered as preventive.
Are there other <a href="#">deductibles</a> for specific services?	Yes, <a href="#">prescription drug deductible</a> combined with medical	You must pay all of the costs for these services up to the specific <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay for these services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	<b>Network Providers:</b> \$0 /individual or \$0 /family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count towards the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	Yes, See <a href="http://uhealthplan.utah.edu/individual/providers.php">http://uhealthplan.utah.edu/individual/providers.php</a> or call 1-833-981-0214	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care <u>provider's</u> office or clinic</b>	Primary care visit to treat an injury or illness	0% Coinsurance	Not Covered	None
	<a href="#">Specialist</a> visit	0% Coinsurance	Not Covered	None
	<a href="#">Preventive care/screening/immunization</a>	No Charge	Not Covered	Frequency limitations apply. Deductible does not apply. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood work)	0% Coinsurance	Not Covered	Benefits may be denied for failure to obtain preauthorization for certain services.
	Imaging (CT/PET scans, MRIs)	0% Coinsurance	Not Covered	
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://uhealthplan.utah.edu/individual/pharmacy.php">http://uhealthplan.utah.edu/individual/pharmacy.php</a>	Tier 1 (Preferred Generic Drugs)	0% Coinsurance	Not Covered	Certain limitations apply. Benefits may be denied for failure to obtain preauthorization for certain services. Refer to drug formulary for detailed information.
	Tier 2 (Non-Preferred Generic Drugs and Preferred Brand Drugs)	0% Coinsurance	Not Covered	
	Tier 3 (Non-Preferred Brand Drugs)	0% Coinsurance	Not Covered	
	Tier 4 ( <a href="#">Specialty drugs</a> )	0% Coinsurance	Not Covered	Benefits may be denied for failure to obtain preauthorization for certain services and must be filled at the University of Utah Pharmacy. Refer to drug formulary for detailed information.
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	0% Coinsurance	Not Covered	Benefits may be denied for failure to obtain preauthorization for certain services.
	Physician/surgeon fees	0% Coinsurance	Not Covered	
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	0% Coinsurance	0% Coinsurance	Emergency room services apply to network provider benefits.
	<a href="#">Emergency medical transportation</a>	0% Coinsurance	0% Coinsurance	Emergency medical transportation applies to network provider benefits.
	<a href="#">Urgent care</a>	0% Coinsurance	Not Covered	None

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	0% Coinsurance	Not Covered	Benefits may be denied for failure to obtain preauthorization for certain services.
	Physician/surgeon fees	0% Coinsurance	Not Covered	
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	Office visit: 0% Coinsurance Other: 0% Coinsurance	Not Covered	Benefits may be denied for failure to obtain preauthorization for certain services. Additional limitations and exclusions apply.
	Inpatient services	0% Coinsurance	Not Covered	
<b>If you are pregnant</b>	Office visits	0% Coinsurance	Not Covered	Notify U Baby care team for care management services at 1-833-981-0214. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	0% Coinsurance	Not Covered	
	Childbirth/delivery facility services	0% Coinsurance	Not Covered	
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	0% Coinsurance	Not Covered	Limited to 30 visits per year. Prior authorization is required, or services are not covered.
	<a href="#">Rehabilitation services</a>	0% Coinsurance	Not Covered	Limited to 20 visits per year total for each rehabilitation and habilitation services. Benefits may be denied for failure to obtain preauthorization for certain services.
	<a href="#">Habilitation services</a>	0% Coinsurance	Not Covered	Limited to 30 days per year. SNF and LTAC have a combined 30 day limit per year. Benefits may be denied for failure to obtain preauthorization for certain services.
	<a href="#">Skilled nursing care</a>	0% Coinsurance	Not Covered	Prior authorization is required for durable medical equipment over \$750, or services are not covered.
	<a href="#">Durable medical equipment</a>	0% Coinsurance	Not Covered	Limited to six months in a three year period. Prior authorization is required, or services are not covered.
	<a href="#">Hospice services</a>	0% Coinsurance	Not Covered	
<b>If your child needs dental or eye care</b>	Children's eye exam	0% Coinsurance	0% Coinsurance	One visit per plan year for children through age 18.
	Children's glasses	0% Coinsurance	0% Coinsurance	One set of corrective lenses per year through age 18. Frames are not covered.
	Children's dental check-up	Not Covered	Not Covered	Not covered

## Excluded Services & Other Covered Services:

### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)

- Abortions/termination of pregnancy except in limited circumstances
- Acupuncture
- Bariatric surgery
- Chiropractic Care
- Cosmetic surgery
- Dental Care
- Experimental and/or investigational services
- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Services that are not medically necessary
- Temporomandibular Joint (TMJ) services
- Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Adoption services
- Mastectomy and breast reconstruction

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: University of Utah Health Plans at 1-833-981-0214, your state insurance department, the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <http://www.dol.gov/ebsa/contactEBSA/consumerassistance.html>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Customer Service at 1-833-981-0214. You may also contact the Utah Insurance Department, Office of Consumer Assistance, Suite 3110 State Office Building, Salt Lake City UT 84114. For additional information about your grievance and appeals rights, see your Member Materials.

**Does this plan provide Minimum Essential Coverage? Yes**

**Does this plan meet the Minimum Value Standards? Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

## Language Access Services:

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-833-981-0214 TTY: 1-800-346-4128.

Chinese : 注意 : 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電1-833-981-0214 TTY: 1-800-346-4128。

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-833-981-0214 TTY: 1-800-346-4128.

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-833-981-0214 TTY: 1-800-346-4128 번으로 전화해 주십시오.

Navajo: Dii baa ak0 n7n7zin: D77 saad bee y1n7[ti'go **Diné Bizaad**, saad bee 1k1'1n7da'1wo'd66', t'11 jiiik'eh, 47 n1 h0l=, koj8' h0d77lnih 1-833-981-0214 TTY: 1-800-346-4128.

Nepali: ध्यान दिनुहोस्: तपाईंलाई नेपाली बालबालिकाहरू भन्दा तपाईंका ननन्त भाषा सहायता सहायता सहायता सहायता सहायता पमा उपलब्ध छ । फोन गर्नुहोस् 1-833-981-0214 (दिदीवाई: 1-800-346-4128 ।

Tongan: FAKATOKANGA'I: Kapau 'oku ke Lea-Fakatonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea teke lava 'o ma'u ia. Telefoni mai 1-833-981-0214 TTY: 1-800-346-4128.

Serbo-Croatian: OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-833-981-0214 TTY: 1-800-346-4128.

Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-833-981-0214 TTY: 1-800-346-4128.

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-833-981-0214 TTY: 1-800-346-4128.

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-833-981-0214 (телетайп: 1-800-346-4128).

Arabic: alearabiat: tanbiha: 'iidha kunt tatahadath alearabiat , faladayk khadamat musaeadat lighawyat majaniat taht tasfuk. 'atasil bialraqm 1-833-981-0214 TTY: 1-800-346-4128.

Mon-Khmer, Cambodian: ប្រយ័ត្ន៖ បើសិនជាអ្នក កនិយាយ ភាសាខ្មែរ រឺ ប្រសិនបើ យុទ្ធសាស្ត្រ កម្ពុជា បើយើង គ្រប់គ្នា ល គឺអំពី មិនសិរវិបរ រឺ អ្នក ចាំ រ ទំនិស ័ព្រ 1-833-981-0214 (TTY: 1-800-346-4128)។

French: ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-833-981-0214 (ATS : 1-800-346-4128).

Japanese: 注意事項 : 日本語を話される場合、無料の言語支援をご利用いただけます。  
。1-833-981-0214 (TTY: 1-800-346-4128) まで、お電話にてご連絡ください。

\* For more information about limitations and exceptions, see the plan or policy document at [www.uhealthplan.utah.edu](http://www.uhealthplan.utah.edu).

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*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

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## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$0
■ <a href="#">Specialist</a>	0%
■ Hospital (facility)	0%
■ Other	0%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,731</b>
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#### In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$0</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$0
■ <a href="#">Specialist</a>	0%
■ Hospital (facility)	0%
■ Other	0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,389</b>
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#### In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$55
<b>The total Joe would pay is</b>	<b>\$0</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$0
■ <a href="#">Specialist</a>	0%
■ Hospital (facility)	0%
■ Other	0%

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,442</b>
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#### In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$0</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.