The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 801-213-4111 or visit <u>https://uhealthplan.utah.edu/individual/</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 801-213-4111 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall <u>deductible</u> ?	\$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non- IHCP; or <b>For In-Network Providers:</b> \$1,500/Individual, \$3,000/Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes, Preventive care; office visits and prescription drugs.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at <u>https://www.healthcare.gov/coverage/preventive-carebenefits/.</u>
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For In-Network Providers: \$8,700/Individual, \$17,400/Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premium, Balance Billing Charges and Health Care this plan does not cover	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://uhealthplan.utah.edu/individual/ or call 801-213-4111 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay			
Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay the least)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No Charge	\$30 <u>copay</u> /Per Visit <u>Deductible</u> does not apply.	Not covered	None.
If you visit a boalth caro	<u>Specialist</u> visit	No Charge	\$60 <u>copay</u> /Per Visit <u>Deductible</u> does not apply.	Not covered	None
If you visit a health care provider's office or clinic	Preventive care/screening/immunization	No Charge	No Charge	Not covered	Frequency limitations apply. <u>Deductible</u> does not apply. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
	Diagnostic test (x-ray, blood work)	No Charge	25% coinsurance	Not covered	Preauthorization may be
If you have a test	Imaging (CT/PET scans, MRIs)	No Charge	25% coinsurance	Not covered	required for certain services or benefits may be denied.
If you need drugs to treat your illness or condition More information about <u>prescription drug</u> <u>coverage</u> is available at <u>https://uhealthplan.utah.ed</u> <u>u/individual/pharmacy.php</u>	Tier 1(Preferred Generic drugs)	No Charge	Retail: \$15 <u>copay</u> /Per Medication <u>Deductible</u> does not apply. Mail Order: \$30 <u>copay</u> /Per Medication <u>Deductible</u> does not apply.	<b>Retail:</b> Not covered <b>Mail Order:</b> Not covered	Retail up to a 30 day supply, Mail Order up to a 90 day supply. Quantity Limits, Step Therapy, and <u>Preauthorization</u> may apply. Refer to the drug formulary for detailed information.

Common			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay the least)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Tier 2 (Non-Preferred Generic and Preferred Brand Drugs)	No Charge	Retail: \$30 <u>copay</u> /Per Medication <u>Deductible</u> does not apply. Mail Order: \$60 <u>copay</u> /Per Medication <u>Deductible</u> does not apply.	<b>Retail</b> : Not covered <b>Mail Order:</b> Not covered	
	Tier 3 (Non-Preferred Brand Drugs)	No Charge	Retail: \$60 <u>copay</u> /Per Medication <u>Deductible</u> does not apply. Mail Order: Not covered	<b>Retail:</b> Not covered <b>Mail Order:</b> Not covered	
	Tier 4 ( <u>Specialty drugs</u> )	No Charge	Retail: \$250 <u>copay</u> /Per Medication <u>Deductible</u> does not apply. Mail Order: Not covered	Retail: Not covered Mail Order: Not covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge	25% <u>coinsurance</u>	Not covered	Benefits may be denied for failure to obtain
surgery	Physician/surgeon fees	No Charge	25% <u>coinsurance</u>	Not covered	preauthorization for certain services.
If you need immediate medical attention	Emergency room care	No Charge	25% <u>coinsurance</u>	25% coinsurance	<u>Copay</u> is waived if admitted directly to a hospital or facility on an inpatient basis. Emergency room services

\* For more information about limitations and exceptions, see the plan or policy document at <a href="https://uhealthplan.utah.edu/individual/">https://uhealthplan.utah.edu/individual/</a>

Common			What You Will Pay		
Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay the least)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
					apply to network provider benefits.
	Emergency medical transportation	No Charge	Ambulance - Ground: 25% <u>coinsurance</u> Ambulance - Air: 25% <u>coinsurance</u>	Ambulance - Ground: 25% <u>coinsurance</u> Ambulance - Air: 25% <u>coinsurance</u>	Non-emergency use is not covered.
	Urgent care	No Charge	\$45 <u>copay</u> /Per Visit <u>Deductible</u> does not apply.	Not covered	None.
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	25% coinsurance	Not covered	Preauthorization may be required for certain services
stay	Physician/surgeon fees	No Charge	25% coinsurance	Not covered	or benefits may be denied.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge	Office: \$30 <u>copay</u> /Per Visit <u>Deductible</u> does not apply. Other: 25% <u>coinsurance</u>	Office: Not covered Other: Not covered	Preauthorization may be required for certain services or benefits may be denied. Additional limitations and exclusions apply.
	Inpatient services	No Charge	25% coinsurance	Not covered	
	Office visits	No Charge	25% coinsurance	Not covered	Notify U Baby care team for
	Childbirth/delivery professional services	No Charge	25% coinsurance	Not covered	care management services at 1-833-981-0214. Maternity
lf you are pregnant	Childbirth/delivery facility services	No Charge	25% coinsurance	Not covered	care may include tests and services described elsewhere in the SBC (i.e. ultrasound). <u>Preauthorization</u> may be required for certain services or benefits may be denied.
	Home health care	No Charge	25% coinsurance	Not covered	Limited to 30 Visits per calendar year.

Common		What You Will Pay			
Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay the least)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
					Preauthorization is required, or services are not covered.
	Rehabilitation services	No Charge	25% coinsurance	Not covered	Limited to 20 Visits per
	Habilitation services	No Charge	25% <u>coinsurance</u>	Not covered	calendar year total for rehabilitation and habilitation services. Benefits may be denied for failure to obtain <u>preauthorization</u> for certain services.
If you need help recovering or have other special health needs	Skilled nursing care	No Charge	25% <u>coinsurance</u>	Not covered	SNF and Acute Rehab Limited to 30 Days per calendar year each. Long Term Acute Care unlimited. <u>Preauthorization</u> may be required for certain services.
	Durable medical equipment	No Charge	25% coinsurance	Not covered	Preauthorization may be required for certain services or benefits may be denied.
	Hospice services	No Charge	25% coinsurance	Not covered	Limited to 6 Months in every 3 years. <u>Preauthorization</u> is required or benefits may be denied.
	Children's eye exam	No Charge	No Charge	No Charge	Limited to one routine eye exam per plan year.
If your child needs dental or eye care	Children's glasses	No Charge	No Charge	No Charge	One set of corrective lenses per year. Frames are not covered.
	Children's dental check-up	Not Applicable	Not covered	Not covered	Not Applicable.

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Acupuncture	Dental care (Adult)	<ul> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	
Bariatric surgery	<ul> <li>Hearing aids</li> </ul>	<ul> <li>Private-duty nursing</li> </ul>	
Chiropractic care	<ul> <li>Infertility treatment</li> </ul>	<ul> <li>Routine foot care</li> </ul>	
Cosmetic surgery	Long-term care	<ul> <li>Weight loss programs</li> </ul>	

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

• Routine eye care 1 Visits per calendar year

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: University of Utah Health Plans at 801-213-4111, your state insurance department, the U.S. Department of Labor's Employee Benefits SecurityAdministration at 1-866-444-EBSA (3272) or http://www.dol.gov/ebsa/contactEBSA/consumerassistance.html. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.healthcare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Customer Service at 801-213-4111. You may also contact the Utah Insurance Department, Office of Consumer Assistance, 4315 S 2700 W, Suite 2300, Taylorsville, UT 84129. For additional information about your grievance and appeals rights, see your Member Materials..

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance, available through the Marketplace or other indivdiual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Servicesss:

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 801-213-4111 TTY: 1-800-346-4128.

Chinese:注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 801-213-4111 TTY: 1-800-346-4128.

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vự hỗtrọngôn ngữ miễn phí dành cho bạn. Gọi số 801-213-4111 TTY: 1-800-346-4128.

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\* For more information about limitations and exceptions, see the plan or policy document at <a href="https://uhealthplan.utah.edu/individual/">https://uhealthplan.utah.edu/individual/</a>

Navajo: Dii baa ak0 n7n7zin: D77 saad bee y1n7[ti'go Diné Bizaad, saad bee 1k1'1n7da'1wo'd66', t'11 jiik'eh, 47 n1 h0l=, koj8' h0d77lnih 801-213-4111 TTY: 1- 800-346-4128.

Nepali: Nēpālī: Dhyāna: Yadi tapā'ī spēniśa bōlnuhuncha bhanē, tapā'īnsamga ni: Śulka bhā ā sahayōga sēvāharū chan. Kala garnuhōs 801-213-4111 TTY: 1-800-346-4128.

Tongan: FAKATOKANGA'I: Kapau 'oku ke Lea-Fakatonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea teke lava 'o ma'u ia. Telefoni mai1 801-213-4111 TTY: 1-800-346-4128.

Serbo-Croation: OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 801-213-4111 TTY: 1-800-346- 4128.

Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 801-213-4111 TTY: 1-800-346-4128.

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 801-213-4111 TTY: 1-800-346-4128.

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 801-213-4111 (телетайп: 1-800-346-4128).

Arabic: alearabiat: tanbih: 'iidha kunt tatahadath al'iisbaniat , faladik khadamat musaeadat lighawyat majaniat. 'atasil bialraqm 801-213-4111 TTY: 1-800-346-4128.

French: ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 801-213-4111 (ATS: 1-800-346- 4128).

Japanese: 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。801-213-4111 (TTY: 1-800-346-4128) まで、お電話にてご連絡ください。

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-To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal care and a hospital delivery)	
The plan's overall deductible\$1,500Specialist copayment\$60Hospital (facility) coinsurance25%Other coinsurance25%	
This EXAMPLE event includes services like: Specialist office visits (prenatal care)	<b>1</b> F
Childbirth/Delivery Professional Services	C
Childbirth/Delivery Facility Services	[
Diagnostic tests (ultrasounds and blood work)	ŀ
Specialist visit <i>(anesthesia)</i>	L

# Total Example Cost\$12,800

#### In this example, Peg would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$0

Managing Joe's type 2 Diabet (a year of routine in-network care of a controlled condition)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li>Specialist <u>copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$1,500 \$60 25% 25%
This EXAMPLE event includes services Primary care physician office visits (included disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meters)	ling
Total Example Cost	\$7,400

#### In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$0

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$1,500
Specialist <u>copayment</u>	\$60
Hospital (facility) coinsurance	25%
Other coinsurance	25%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment *(crutches)* 

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
In this example, Mia would pay:	

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$0

Note: These numbers assume the patient received care from an IHCP provider or with IHCP referral at a non-IHCP. If you receive care from a non-IHCP provider without a referral from an IHCP your costs may be higher.