

Preventative Care Screening

MP-006 DNA Analysis of Stool for Colon Cancer Screening (Cologuard®) MP-022 Breast Tomosynthesis MP-033 Genetic Testing for Breast and/or Ovarian Cancer Susceptibility (BRCA1/BRCA2)

Policy REIMB-009

Origination Date: 09/01/2021

Reviewed/Revised Date: 02/28/2024

Next Review Date: 02/28/2025

Current Effective Date: 04/28/2024

Disclaimer:

- 1. Policies are subject to change in accordance with State and Federal notice requirements.
- 2. Policies outline coverage determinations for U of U Health Plans Commercial, CHIP and Healthy U (Medicaid) plans. Refer to the "Policy" section for more information.
- 3. Services requiring prior-authorization may not be covered, if prior-authorization is not obtained.
- 4. This Medical Policy does not guarantee coverage or payment of the service. The service must be a benefit in the member's plan and the member must be eligible for coverage at the time of service. Additional payment guidelines may be applied that are not included in this policy.

Description:

Preventative care and screening services are important to promote wellness and prevent disease. Coverage of preventive service by health plans is contingent on several regulatory requirements. The Affordable Care Act (ACA) requires individual and group health plans to cover in-network preventive services and immunizations without cost sharing (e.g., deductibles, coinsurance, copayments) unless the plan qualifies under the grandfather provision or for an exemption. The ACA requires coverage of high-value preventive services. Plans covered by these rules must offer coverage of a comprehensive range of preventive services that are recommended by physicians and other experts without imposing any cost- sharing requirements. Specifically, these recommendations include:

• Evidence-based preventive services: The U.S. Preventive Services Task Force (USPSTF), an independent panel of scientific experts, ranks preventive services based on the strength of the scientific evidence documenting their benefits. Preventive services with a "grade" of A or B, like breast and colon cancer screenings, screening for vitamin deficiencies during pregnancy, screenings for diabetes, high cholesterol and high blood pressure, and tobacco cessation counseling will be covered under these rules.

- Routine vaccines: Health plans will cover a set of standard vaccines recommended by the Advisory Committee on Immunization Practices (ACIP) ranging from routine childhood immunizations to periodic shots for adults.
- Health plans must cover preventive care for children recommended under the Bright Futures guidelines, developed by the Health Resources and Services Administration (HRSA) with the American Academy of Pediatrics. These guidelines provide pediatricians and other health care professionals with recommendations on the services they should provide to children from birth to age 21 to keep them healthy and improve their chances of becoming healthy adults. The types of services that will be covered include regular pediatrician visits, vision and hearing screening, developmental assessments, immunizations, and screening and counseling to address obesity and help children maintain a healthy weight.
- The HRSA-supported Women's Preventive Services Initiative which provide guidance on evidence-based services specifically for women. The HRSA-supported health plan coverage guidelines, developed by the Institute of Medicine (IOM), will help ensure that women receive a comprehensive set of preventive services without having to pay a copayment, co-insurance or a deductible

This preventive services coverage requirement applies only to people enrolled in job-related health plans or individual health insurance policies created after March 23, 2010.

In addition, if your plan is "grandfathered," these benefits may not be available to you. These services are also only covered at no cost to the member if provided by in network providers.

Lastly, if a preventive service, such as a cholesterol screening test, as part of an office visit to monitor a known medical condition, the plan can require you to pay some costs of the office visit, if the preventive service is not the primary purpose of the visit, or if your doctor bills you for the preventive services separately from the office visit.

Coverage for preventive care services other than those mandated by ACA is dependent on benefit plan language. For example, many benefit plans specifically exclude immunizations that are for travel or to protect against occupational hazards and risks. They may also cover preventive eye exams not mandated by the ACA. Please refer to the applicable benefit plan language to determine benefit availability and the terms, conditions, and limitations of coverage. Services not covered under preventive care services may be covered under another portion of the health plan.

As part of preventive coverage, it is important to note that preventive or screening services typically represent Services performed in the absence of signs or symptoms a disease or illness are consider. This is considered primary prevention. Services performed to identify risk for worsening of conditions or to monitor a disease state are not covered as preventive. For services to be covered as preventive, your doctor must bill claims with preventive codes. If a preventive service identifies a condition that needs further testing or treatment, your regular copays, coinsurance, or deductibles may apply.

Policy Statement and Criteria

1. Commercial Plans/CHIP

U of U Health Plan covers preventative services in compliance with stipulations of the Affordable Care Act and the member Summary of Plan Description (SPD).

2. Medicaid Plans

Coverage is determined by the State of Utah Medicaid program; if Utah State Medicaid has no published coverage position and InterQual criteria are not available, the U of U Health Plans Commercial criteria will apply. For the most up-to-date Medicaid policies and coverage, please visit their website at

http://health.utah.gov/medicaid/manuals/directory.php or the Utah Medicaid code Look-Up tool

CPT/HCPCS codes covered by Utah State Medicaid may still require further evaluation to determine medical necessity for coverage.

Preventive Care Services and USPSTF Recommendations	Relevant CPT/HCPCs Codes	Relevant ICD-10-CM Codes	Adjudication/ Rationale
Abdominal Aortic Aneurysm Screening in Men Aged 65 to 75 Years Who Have Never Smoked The USPSTF recommends 1-time screening for abdominal aortic aneurysm (AAA) with ultrasonography in men aged 65 to 75 years who have ever smoked.	76706	Z13.6, Z87.891, Z00.00, Z00.01, Z00.8, F17.200, F17.201, F17.203, F17.208, F17.209, F17.210, F17.211, F17.213, F17.218, F17.219	Allow CPT code with any of the ICD-10-CM codes between ages 65 and 75 in men only one time.
Anxiety Disorders Screening in Adults 64 Years or Younger, Including Pregnant and Postpartum Persons The USPSTF recommends screening for anxiety disorders in adults, including pregnant and postpartum persons.	96127, 96161	Z13.30, Z13.31, Z13.32, Z13.39	Allow CPT code with ICD-10-CM code for adults aged 18 to 64 years if no E/M billed.

Applicable Coding

Anxiety Screening in Children and Adolescents The USPSTF recommends screening for anxiety in children and adolescents aged 8 to 18 years. This recommendation applies to children and adolescents 18 years or younger who do not have a diagnosed anxiety disorder and who are not showing recognized signs or symptoms of anxiety.	96127, 96161	Z13.30, Z13.31, Z13.39, Z00.121, Z00.129	CPT code 96127 will be allowed once per year as preventive if billed with associated dx code listed and no E/M code billed for same visit
Asymptomatic Bacteriuria Screening in Pregnant Women The USPSTF recommends screening for asymptomatic bacteriuria using urine culture in pregnant women.	87086	Z34.00, Z34.01, Z34.02, Z34.03, Z34.80, Z34.81, Z34.82, Z34.83, Z34.90, Z34.91, Z34.92, Z34.93, Z33.1, O09.00, O09.01, O09.02, O09.03, O09.10, O09.11, O09.20, O09.13, O09.291, O09.292,O09.293, O09.299, O09.40, O09.41, O09.42, O09.43, O09.211, O09.212,O09.213, O09.219, O09.30, O09.31, O09.32, O09.33, O09.511, O09.512,O09.513, O09.519, O09.521, O09.522,O09.523, O09.529,O09.611, O09.612,O09.613, O09.619,O09.621, O09.622,O09.811, O09.812,O09.813, O09.819, O9.821, O09.822, O09.823,	Allow CPT once per year with any associated ICD-10-CM code. Use beyond preventive indication may be covered under the medical benefit.

BRCA - Related Cancer Evaluation			Allow BRCA lab code with any screening diagnosis one per lifetime. Counseling service codes are allowed when
Hypertensive Disorders of Pregnancy Screening in Asymptomatic Pregnant Persons. The USPSTF recommends screening for hypertensive disorders in pregnant persons with blood pressure measurements throughout pregnancy.	Blood pressure measurement is included in prenatal visits.	N/A	N/A
Hypertension Screening in Adults 18 years or Older Without Known Hypertension The USPSTF recommends screening for high blood pressure in adults aged 18 years or older with office blood pressure measurement (OBPM). The USPSTF recommends obtaining measurements outside of the clinical setting for diagnostic confirmation before starting treatment.	Blood pressure measurement is included in preventative care and wellness exams or focused E/M visit.	N/A	N/A
		O09.829, O36.80X0, O36.80X1, O36.80X2, O36.80X3, O36.80X4, O36.80X5, O36.80X9, O09.891, O09.892, O09.893, O09.899, O09.70, O09.71, O09.72, O09.73, O09.90, O09.91, O09.92, O09.93 O09.A0, O09.A1, O09.A2, O09.A3	

The USPSTF recommends that primary care clinicians assess women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or who have ancestry associated with breast cancer susceptibility 1 and 2 (BRCA 1/2) gene mutations with an appropriate brief familial risk assessment tool. Women with positive result s on the risk assessment tool should receive genetic counseling and, if indicated after counseling, genetic testing.	Counseling Services Codes: 96040, 99401, 99402, 99403, 99404, S0265 BRCA Lab Screening Codes: 81162, 81163, 81215, 81217	Screening: Z00.00, Z00.01, Z15.01, Z15.02, Z15.09, Z71.83 Family History Codes: Z80.3, Z80.41, Z80.49 Personal History Codes: Z85.07, Z85.3, Z85.44, Z85.46 Z85.07, Z85.43	reported without E/M code. Use beyond preventive indication may be covered under the medical benefit. U of U Health Plans covers genetic testing for BRCA1 and BRCA2 mutations in adult individuals at high risk for heritable breast and ovarian cancer syndromes when specific clinical coverage criteria are met. See <u>MP-033</u> <u>Genetic Testing for</u> <u>Breast and/or Ovarian</u> <u>Cancer</u> <u>Susceptibility</u> (<u>BRCA1/BRCA2</u>) for criteria.
Breast Cancer Risk Reduction in High Risk Women Age 35 or Older The USPSTF recommends that clinicians offer to prescribe risk- reducing medications, such as tamoxifen, raloxifene, or aromatase inhibitors, to women who are at increased risk for breast cancer and at low risk for adverse medication effects.	99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99385, 99386, 99387, 99395, 99396, 99397, G0463	Screening: Family History : Z80.3, Z80.41, Z15.01, Z15.02	Allow CPT code with any screening ICD-10- CM code for women 35 years of age or older.
Breast Cancer Screening: Women Aged 40 to 74 years The USPSTF recommends biennial screening mammography for women aged 40 to 74 years.	77063, 77067	Z12.31, Z12.39	Requires at least one of the ICD-10-CM codes and allowed once per year for females ages 40 to 74 years. Benefit includes screening

U of U Health Plans covers ages 40 to 75 years - once a year as preventive.			mammography, bilateral including CAD and tomosynthesis. See <u>MP-022 Breast</u> <u>Tomosynthesis</u>
Breastfeeding Primary Care Interventions for Pregnant Women, New Mothers, and their Children The USPSTF recommends providing interventions during pregnancy and after birth to support breastfeeding.	Counseling Services Codes: 99401, 99402, 99403, 99404 Education: \$9443	 Z39.1, Z00.00, Z00.01, Z34.00, Z34.01, Z34.02, Z34.03, Z34.80, Z34.81, Z34.82, Z34.83, Z34.90, Z34.91, Z34.92, Z34.93, Z33.1, Z11.8, O09.00, O09.01, O09.02, O09.03, O09.10, O09.11, O09.12, O09.13, O09.291, O09.292,O09.293, O09.299, O09.40, O09.41, O09.42, O09.41, O09.42, O09.219, O09.30, O09.219, O09.30, O09.31, O09.32, O09.33, O09.511, O09.512,O09.513, O09.519, O09.521, O09.529,O09.611, O09.612,O09.613, O09.619,O09.621, O09.619,O09.621, O09.629, O09.811, O09.812,O09.813, O09.819, 09.821, O09.829, O36.80X0, O36.80X1, O36.80X2, O36.80X3, O36.80X4, O36.80X5, O36.80X4, O36.80X5, O36.80X4, O36.80X5, O36.80X4, O36.80X5, O36.80X4, O09.891, O09.892, O09.893, O09.899, 	Counseling service CPT codes are allowed when reported without E/M code and with an ICD-10-CM code. Allow once per pregnancy.

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		009.70, 009.71,	
		009.72, 009.73,	
		009.90, 009.91,	
		009.92, 009.93	
		009.A0, 009.A1,	
		009.A2, 009.A3	
	Cervical		
Cervical Cancer Screening in	Cytology (Pap		
Women Aged 21 to 65 Years	Smear): G0101,		
The USPSTF recommends	G0123, G0124,		Allow any one CPT
screening for cervical cancer	G0141, G0143,		code for cervical
every 3 years with cervical	G0144, G0145,	Cervical Cytology	cytology with any one
cytology alone in women aged 21	G0147, G0148,	(Pap Smear)	ICD-10-CM code for
to 29 years. For women aged 30	P3000, P3001,	Screening Diagnoses	women between ages
to 65 years, the USPSTF	88141, 88142,	Codes : Z01.411,	of 21-65 years, every 3
recommends screening every 3	88143, 88147,	Z01.419, Z01.42,	years. Allow HPV
years with cervical cytology	88148, 88150,	Z12.4, Z00.00, Z00.01	testing CPT codes with
alone, every 5 years with high-	88152, 88153,	HPV Testing Diagnosis	HPV screening
risk human papillomavirus	88164, 88165,	Code: Z11.51	diagnosis code every 5
(hrHPV) testing alone, or every 5	88167, 88174,	COUC. 211.51	years for women 30-
years with hrHPV testing in	Q0091, 88175.		65.
combination with cytology (co-	HPV Testing		05.
testing).	Codes: 87624,		
testing).	87625, G0476		
	07023, 00470		
	45330, 45331,		Allow any one
	45333, 45338,		CPT/HCPCS code for
	45378, 45380,		colorectal cancer
	45384, 45385,		screening with anyone
	44388, 44389,		associated ICD-10-CM
	44392, 44394,		code between the
Colorectal Cancer: Screening:	G0105, G0120,		ages of 45 to 75 every
Adults Aged 45 to 75 Years	G0121, G0122,	Z12.10, Z12.11,	5 years.
The USPSTF recommends	G0104, G0328	Z12.12, Z80.0, Z83.71,	Sedation is limited to 3
screening for colorectal cancer in	Sedation Codes:	Z12.12, 200.0, 203.71, Z15.09	units.
all adults aged 45 to 75 years.	99152, G0500,	213.03	
	99153, 00182		Use of CPT codes
	Codes Covered		99152 and 99153
	as Medical - NOT		combined with
	Preventive:		anesthesia CPT code
	45346, 45381,		00812 is considered
	45388		the max number of
	-3300		units.

Cologuard	81528	N/A	Every 3 years if 82270, 82271, 82272, 82274 haven't been reported in that interval.
 Contraception/Sterilization: The Women's Preventive Services Initiative recommends that the full range of female-controlled U.S. Food and Drug Administration-approved contraceptive methods, effective family planning practices, and sterilization procedures be available as part of contraceptive care. Please see link for full list of services: https://www.hrsa.gov/womens- guidelines/index.html Effective 8/10/2021, one annual subscription to Natural Cycles covered per benefit period for women 18 years of age and older. No additional supplies/services are covered. Natural Cycles is currently the only FDA-cleared fertility app. 	Implantables: 11976, 11981, 11982, 11983 IUDs: 58300, 58301, S4989	Z30.012, Z30.013, Z30.014, Z30.017, Z30.018, Z30.019, Z30.09, Z30.40, Z30.42, Z30.430, Z30.431, Z30.432, Z30.433, Z30.46, Z30.49, Z30.2, Z30.8, Z30.9 Z30.8	Once every 12 months. Members must download the Member Claim Form or the State Health Plan Claim Form to submit and include the following: The Natural Cycles receipt. Write the CPT code 99199 and diagnosis code Z30.8 on the receipt.
In addition, UUHP has determined that for purposes of gender equity vasectomy is also covered as a preventive benefit.	Vasectomy: 55250	Z30.2	
Prevention of Dental Caries in Children Younger than 5 Years:			

The USPSTF recommends primary care clinicians prescribe oral fluoride supplementation starting at age 6 months for children whose water supply is fluoride deficient. The USPSTF recommends that primary care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption.	99188	Z29.3, Z00.121, Z00.129	Allow these CPT for children under 5 years of age twice per year.
Depression and Suicide Risk Screening in Children and Adolescents The USPSTF recommends screening for major depressive disorder (MDD) in adolescents aged 12 to 18 years. HRSA supports Bright Futures recommendations for depression screening in adolescents aged 12- 18	G0444 96161 96127	Z13.30, Z13.31, Z13.32, Z13.39, Z00.121, Z00.129	Allow CPT code with ICD-10-CM code in once per year for adolescents between the ages of 12-18 years if no E/M billed.
Depression and Suicide Risks Screening in Adults, Including Pregnant/Postpartum Persons and Older Adults (65 years or older) The USPSTF recommends screening for depression in the adult population, including pregnant and postpartum.	G0444 96127 96161	Z13.30, Z13.31, Z13.32, Z13.39, Z00.00, Z00.01	Allow CPT code with ICD-10-CM code once per year for adults over 18 years of age if no E/M billed.
Abnormal Blood Glucose and Type 2 Diabetes Screening in Asymptomatic Adults The USPSTF recommends screening for prediabetes and type 2 diabetes in adults aged 35 to 70 years who have overweight or obesity. Clinicians should offer	82947, 82948, 82950, 82951, 82952	Screening Codes: Z13.1, Z00.00, Z00.01 BMI Codes: Z68.60, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39, Z68.41,	Allow CPT code with ICD-10-CM code once per year for adults between 35-70 years of age. Allow one of three associated Z screening

or refer patients with prediabetes to effective preventive interventions.		Z68.42, Z68.43, Z68.44, Z68.45 Obesity codes: E66.2, E66.3, E66.8, E66.9, E66.01, E66.09	codes with one of the BMI and/or obesity related codes.
Falls Prevention in Community- Dwelling Adults 65 Years or Older The USPSTF recommends exercise interventions to prevent falls in community-dwelling adults 65 years or older who are at increased risk for falls.	N/A	N/A	Fall prevention assessment is included in preventative care and wellness exams or focused E/M visit.
Folic Acid for the Prevention of Neural Tube Defects in Women Who are Planning or Capable of Pregnancy The USPSTF recommends that all persons planning to or who could become pregnant take a daily supplement containing 0.4 to 0.8 mg (400 to 800 μg) of folic acid.	N/A - administered through pharmacy benefit	N/A	Would cover OTC folic acid supplements on any claims submitted by a member or a pharmacy at 100% for members who are pregnant or a planning on becoming pregnant.
Gestational Diabetes Screening		Z13.1, Z00.00, Z34.00, Z34.01, Z34.02, Z34.03, Z34.80, Z34.81, Z34.82, Z34.83, Z34.90, Z34.91, Z34.92, Z34.93, O09.00, O09.01, O09.02, O09.03, O09.10, O09.11, O09.02, O09.13, O09.291, O09.292,O09.293, O09.299, O09.40, O09.41, O09.42, O09.43, O09.211, O09.212,O09.213, O09.210, O00.20	
in Asymptomatic Pregnant		009.219, 009.30, 009.31, 009.32,	

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The USPSTF recommends offering	Counseling:	Z68.33, Z68.34,	Allow first 5 of any
or referring adults with	99401, 99402,	Z68.35, Z68.36,	codes as preventive
cardiovascular disease risk factors	99403	Z68.37, Z68.38,	when billed with
to behavioral counseling	Behavioral	Z68.39, Z68.41,	correct ICD-10-CM
interventions to promote a	Counseling or	Z68.42, Z68.43,	codes then others go
healthful diet and physical	Therapy: G0446,	Z68.44, Z68.45	to medical.
activity.	G0447, G0473,	200111,200110	
detivity.	G0108		
	00100		
		Z71.3, E66.1, E66.2,	
		E66.3, E66.8, E66.9,	
		E66.01, E66.09, Z13.1,	
		Z34.00, Z34.01,	
		Z34.02, Z34.03,	
		Z34.80, Z34.81,	
		Z34.82, Z34.83,	
		Z34.90, Z34.91,	
		Z34.92, Z34.93,	
		009.00, 009.01,	
		009.02, 009.03,	
		009.10, 009.11,	
		009.12, 009.13,	
		009.291,	
	Medical	009.292,009.293,	
	Nutrition	009.299, 009.40,	
Healthy Weight and Weight Gain	Therapy: 97802,	009.41, 009.42,	
In Pregnancy - Behavioral	97803, 97804,	009.43, 009.211,	
Counseling Interventions The USPSTF recommends that	G0270, G0274 Preventative	009.212,009.213,	Allow first 5 of any CPT
clinicians offer pregnant women	Individual	009.219, 009.30,	codes as preventive when billed with
effective behavioral counseling	Counseling:	009.31, 009.32,	correct ICD-10-CM
interventions aimed at promoting	99401, 99402,	009.33, 009.511,	codes.
healthy weight gain and	99401 <i>,</i> 99402 <i>,</i> 99403	009.512,009.513,	coues.
preventing excess gestational	Behavioral	009.519, 009.521,	
weight gain in pregnancy.	Counseling or	009.522,009.523,	
	Therapy: G0447,	009.529,009.611,	
	G0473, G0108	009.612,009.613,	
	30773, 00100	009.619,009.621,	
		009.622,009.623,	
		009.629, 009.811,	
		009.812,009.813,	
		009.819, 009.821,	
		009.822, 009.823,	
		O09.829, O36.80X0,	

		O36.80X1, O36.80X2, O36.80X3, O36.80X4, O36.80X5, O36.80X9, O09.891, O09.892, O09.893, O09.899,	
		009.70, 009.71, 009.72, 009.73, 009.90, 009.91, 009.92, 009.93 009.A0, 009.A1, 009.A2, 009.A3	
Hepatitis B Virus Infection in Adolescents and Adults The USPSTF recommends screening for hepatitis B virus (HBV) infection in adolescents and adults at increased risk for infection.	87340, 87341, G0499	Z11.59, Z00.00, Z00.01	Allow CPT code with any ICD-10-CM code as preventive once per month. Use beyond preventive indication may be covered under the medical benefit.
Hepatitis B Virus Infection Screening in Pregnant Women The USPSTF recommends screening for hepatitis B virus (HBV) infection in pregnant women at their first prenatal visit.	87340, 87341, G0499	Z11.59, Z00.00, Z00.01 O09.00, O09.01, O09.02, O09.03, O09.10, O09.11, O09.12, O09.13, O09.291, O09.292,O09.293, O09.299, O09.40, O09.41, O09.42, O09.43, O09.211, O09.212,O09.213, O09.219, O09.30, O09.31, O09.32, O09.33, O09.511, O09.512,O09.513, O09.519, O09.521, O09.522,O09.523, O09.529,O09.611, O09.612,O09.613, O09.619,O09.621, O09.622,O09.623, O09.629, O09.811, O09.812,O09.813,	Allow CPT code with any ICD-10-CM codes as preventive once per year. Use beyond preventive indication may be covered under the medical benefit.

		009.819, 09.821, 009.822, 009.823, 009.829, 036.80X0, 036.80X1, 036.80X2, 036.80X3, 036.80X4, 036.80X5, 036.80X9, 009.891, 009.892, 009.893, 009.899, 009.70, 009.71, 009.72, 009.73, 009.90, 009.91, 009.92, 009.93 009.A0, 009.A1, 009.A2, 009.A3	
Hepatitis C Virus Infection in Adolescents and Adults The USPSTF recommends screening for hepatitis C virus (HCV) infection in adults aged 18 to 79 years.	86803, 86804, G0472	N/A	Does not have diagnosis code requirement. Allow once per lifetime. Use beyond preventive indication may be covered under the medical benefit.
Human Immunodeficiency Virus (HIV) Infection Screening in Adolescents and Adults Aged 15 to 65 Years The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults ages 15 to 65 years. Younger adolescents and older adults who are at increased risk of infection should also be screened.	86703, G0432, G0433, G0435, G0475	Z11.3, Z11.4, Z11.9, Z20.6, Z00.00, Z00.01 Z00.121, Z00.129,	Allow once per month for adults ages 15 - 65 years of age. Use beyond preventive indication may be covered under the medical benefit.
		Z11.3, Z11.4, Z11.9, Z20.6, Z00.00, Z00.01, O09.00, O09.01, O09.02, O09.03, O09.10, O09.11, O09.12, O09.13, O09.291, O09.292,O09.293,	

Human Immunodeficiency Virus (HIV) Infection Screening in Pregnant Women The USPSTF recommends that clinicians screen for HIV infection in all pregnant women, including those who present in labor whose HIV status is unknown.	86703, G0432, G0433, G0435, G0475	009.299, 009.40, 009.41, 009.42, 009.43, 009.211, 009.212,009.213, 009.219, 009.30, 009.31, 009.32, 009.33, 009.511, 009.512,009.513, 009.519, 009.521, 009.522,009.523, 009.529,009.611, 009.612,009.613, 009.619,009.621, 009.622,009.623, 009.629, 009.811, 009.812,009.813, 009.812,009.813, 009.819, 09.821, 009.822, 009.823, 009.829, 036.80X0, 036.80X1, 036.80X2, 036.80X3, 036.80X4, 036.80X5, 036.80X4, 036.80X5, 036.80X9, 009.891, 009.892, 009.893, 009.899, 009.70, 009.71, 009.72, 009.73, 009.90, 009.91, 009.00,009.41, 009.A2, 009.A3	Allow once per year. Use beyond preventive indication may be covered under the medical benefit.
Intimate Partner Violence, Elder Abuse, and Abuse of Vulnerable Adults: Screening: Women of Reproductive Age The USPSTF recommends that clinicians screen for intimate partner violence (IPV) in women of reproductive age and provide or refer women who screen positive to ongoing support services.	N/A - service is included in a preventative care wellness exam or focused E/M visit.	N/A	N/A

Lung Cancer Screening: The USPSTF recommends annual screening for lung cancer with low-dose computed tomography (LDCT) in adults aged 50 to 80 years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.	71271	F17.210, F17.211, F17.218, F17.219, Z87.891, Z00.00, Z00.01	Allow CPT code for adults ages 50-80 years of age once every year with any associated ICD-10-CM code.
Weight Loss to Prevent Obesity - Related Morbidity and Mortality in Adults The USPSTF recommends that clinicians offer or refer adults with a body mass index of 30 or higher (calculated as weight in kilograms divided by height in meters squared) to intensive, multicomponent behavioral interventions.	Preventative Individual Counseling: 99401, 99402, 99403, 99404	Screening Diagnosis Codes: Z13.89, E66.1, E66.2, E66.3, E66.8, E66.9, E66.01, E66.09, Z00.00, Z00.01 BMI Codes: Z68.60, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39, Z68.41, Z68.42, Z68.43, Z68.44, Z68.45	Allow CPT code for individual >18 years old with any ICD-10- CM associated diagnosis codes. Do not allow separately if billed with E/M. Allow once per year. Use beyond preventive indication may be covered under the medical benefit.
Obesity Screening in Children and Adolescents The USPSTF recommends that clinicians screen for obesity in children and adolescents 6 years and older and offer or refer them to comprehensive, intensive behavioral interventions to promote improvements in weight status.	No specific codes as this is part of well child visit.	N/A	N/A-included in well child visit.

Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum: Preventive Medication: Newborns The USPSTF recommends prophylactic ocular topical medication for all newborns to prevent gonococcal ophthalmia neonatorum.	N/A	N/A	N/A
Osteoporosis to Prevent Fractures in Postmenopausal Women Younger than 65 Years at Increased Risk of Osteoporosis The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in postmenopausal women younger than 65 years who are at increased risk of osteoporosis, as determined by a formal clinical risk assessment tool.	77080, 77081	N/A	Allow one of the CPT codes every 2 years in women ages 50-65. Use beyond preventive indication may be covered under the medical benefit.
Osteoporosis Screening to Prevent Fractures in Women 65 Years and Older The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in women 65 years and older.	77080, 77081, G0130	N/A	Cover one per every 2 years for females beginning at age 65. Use beyond preventive indication may be covered under the medical benefit.
		009.00, 009.01, 009.02, 009.03, 009.10, 009.11, 009.12, 009.13, 009.291, 009.292,009.293, 009.299, 009.40, 009.41, 009.42, 009.43, 009.211, 009.212,009.213,	

Aspirin Use to Prevent		009.219, 009.30,	
Preeclampsia and Related		009.31, 009.32,	
Morbidity and Mortality in		009.33, 009.511,	Would cover 81 mg
Pregnant Women at High Risk for		009.512,009.513,	aspirin (low-dose) on
Preeclampsia	N/A	009.519, 009.521,	any claims submitted
The USPSTF recommends the use	N/A	009.522,009.523,	by a member or a
of low-dose aspirin (81 mg/day)		009.529,009.611,	pharmacy at 100%.
as preventive medication after 12		009.612,009.613,	
weeks of gestation in persons		009.619,009.621,	
who are at high risk for		009.622,009.623,	
preeclampsia.		009.629, 009.811,	
		009.812,009.813,	
		009.819, 09.821,	
		009.822, 009.823,	
		009.829, 036.80X0,	
		O36.80X1, O36.80X2,	
		O36.80X3, O36.80X4,	
		O36.80X5, O36.80X9,	
		009.891, 009.892,	
		009.893, 009.899,	
		009.70, 009.71,	
		009.72, 009.73,	
		009.90, 009.91,	
		009.92, 009.93	
		O09.A0, O09.A1,	
		O09.A2, O09.A3	
Prostate Cancer Screening in			
Men Aged 55 to 69 Years (MHC			
only)			
USPSTF Rating - C			Allow once per year
For men aged 55 to 69 years, the	84152, 84153,		for men between the
decision to undergo periodic	G0102, G0103	N/A	ages of 55 – 69 years
prostate-specific antigen (PSA) –	00102, 00103		old.
			olu.
based screening for prostate			
cancer should be an individual			
one.			
		Z01.83, Z34.00,	
		Z34.01, Z34.02,	
		Z34.03, Z34.80,	
		Z34.81, Z34.82,	
		Z34.83, Z34.90,	
		Z34.91, Z34.92,	

			,
		Z34.93, Z33.1, Z11.8,	
		009.00, 009.01,	
		009.02, 009.03,	
		009.10, 009.11,	
		009.12, 009.13,	
		009.291,	
		009.292,009.293,	
		009.299, 009.40,	
		009.41, 009.42,	
		009.43, 009.211,	
Rh(D) Incompatibility Screening		009.212,009.213,	
in Pregnant Women		009.219, 009.30,	
The USPSTF recommends Rh(D)		009.31, 009.32,	Once per year with
blood typing and antibody testing	86901 <i>,</i> 86850	009.33, 009.511,	any associated ICD-10-
for all pregnant women during		009.512,009.513,	CM code diagnosis.
their first visit for pregnancy-		009.519, 009.521,	
related care.		009.522,009.523,	
		009.529,009.611,	
		009.612,009.613,	
		009.619,009.621,	
		009.622,009.623,	
		009.629, 009.811,	
		009.812,009.813,	
		009.819, 09.821,	
		009.822, 009.823,	
		O09.829, O36.80X0,	
		O36.80X1, O36.80X2,	
		O36.80X3, O36.80X4,	
		O36.80X5, O36.80X9,	
		009.891, 009.892,	
		009.893, 009.899,	
		009.70, 009.71,	
		009.72, 009.73,	
		009.90, 009.91,	
		009.92, 009.93	
		009.A0, 009.A1,	
		009.A2, 009.A3	
		Z31.8, Z36.5, Z31.8,	
		Z36.5, Z00.00, Z00.01,	
		Z34.00, Z34.01,	
		Z34.02, Z34.03,	
		Z34.80, Z34.81,	
		, ,	

Rh(D) Incompatibility Screening Unsensitized Rh(D)-Negative in Pregnant Women The USPSTF recommends repeated Rh(D) antibody testing for all unsensitized Rh(D)- negative women at 24 to 28 weeks' gestation, unless the biological father is known to be Rh(D)-negative.	86850	Z34.82, Z34.83, Z34.90, Z34.91, Z34.92, Z34.93, Z33.1, Z11.8, O09.00, O09.01, O09.02, O09.03, O09.10, O09.11, O09.12, O09.13, O09.291, O09.292,O09.293, O09.299, O09.40, O09.41, O09.42, O09.43, O09.211, O09.212,O09.213, O09.219, O09.30, O09.31, O09.32, O09.33, O09.511, O09.512,O09.513, O09.519, O09.521, O09.522,O09.523, O09.529,O09.611, O09.612,O09.613, O09.619,O09.621, O09.622,O09.623, O09.629, O09.811, O09.812,O09.813, O09.819, 09.821, O09.822, O09.823, O09.829, O36.80X0, O36.80X1, O36.80X2, O36.80X3, O36.80X4, O36.80X5, O36.80X4, O36.80X5, O36.80X9, O09.891, O09.892, O09.891, O09.892, O09.893, O09.899,	Once per year with any associated ICD-10- CM code diagnosis. Use beyond preventive indication may be covered under the medical benefit.
		O36.80X5, O36.80X9, O09.891, O09.892,	
Sexually Transmitted Infections: Behavioral Counseling for			Not allowed separately if billed with E/M

Sexually Active Adolescents and Adults at Increased Risk The USPSTF recommends behavioral counseling for all sexually active adolescents and for adults who are at increased risk for sexually transmitted infections (STIs).	99401, 99402, 99403, 99404, G0445	Z11.3, Z70.8, Z70.9, Z71.7, Z71.89, Z72.51, Z72.52, Z72.53, Z00.00, Z00.01, Z00.121, Z00.129	code; only allow G0445 2 times per year. Use beyond preventive indication may be covered under the medical benefit.
Skin Cancer Prevention in Young Adults, Adolescents and Parents of Children The USPSTF recommends counseling young adults, adolescents, children, and parents of young children about minimizing exposure to ultraviolet (UV) radiation for persons aged 6 months to 24 years with fair skin types to reduce their risk of skin cancer.	99401, 99402, 99403, 99404	Z00.00, Z00.01, Z00.121, Z00.129, Z12.83	Not allowed separately if billed with E/M code.
Statin Use for the Primary Prevention of Cardiovascular Disease in Adults The USPSTF recommends that clinicians prescribe a statin for the primary prevention of CVD for adults aged 40 to 75 years who have 1 or more CVD risk factors (i.e. dyslipidemia, diabetes, hypertension, or smoking) and an estimated 10- year risk of a cardiovascular event of 10% or greater.	As this is a recommendation for action but not requiring medication to be covered as preventive this is part of E/M Labs: 80061	Z00.00, Z00.01, Z13.220	Allow CPT code for ages 40-75 once per year. Preventive Benefit Does Not Apply For all ages above, if any of the following lipid disorders ICD-10- CM codes are present. The preventive benefit does not apply: E71.30, E75.5, E78.00, E78.01, E78.2, E78.3, E78.41, E78.49, E78.5, E78.79, E78.81, E78.89, E88.2, E88.89

Syphilis Infection Screening in Nonpregnant Adolescents and Adults The USPSTF recommends screening for syphilis infection in persons who are at increased risk for infection.	86780, 86592, 86593	Z00.00, Z00.01, Z00.121, Z00.129, Z11.3, Z11.9, Z20.2, Z11.2	Allow CPT code with any one of the ICD-10- CM codes. No limit.
Syphilis Infection Screening in Pregnant Women The USPSTF recommends early screening for syphilis infection in all pregnant women.	86780, 86592, 86593	<pre>Z11.2, Z11.3, Z11.9, Z00.00, Z00.01, Z00.12, Z00.129,Z20.2, Z34.00, Z34.01, Z34.02, Z34.03, Z34.80, Z34.81, Z34.82, Z34.83, Z34.90, Z34.91, Z34.92, Z34.93, O09.00, O09.01, O09.02, O09.03, O09.10, O09.11, O09.22, O09.13, O09.291, O09.292,O09.293, O09.299, O09.40, O09.41, O09.42, O09.43, O09.211, O09.212,O09.213, O09.219, O09.30, O09.31, O09.32, O09.33, O09.511, O09.512,O09.513, O09.519, O09.521, O09.522,O09.523, O09.529,O09.611, O09.612,O09.613, O09.619,O09.621, O09.622,O09.813, O09.812,O09.813, O09.819, O9.821, O09.822, O09.823, O09.829, O36.80X0,</pre>	Allow any CPT code to pay as preventive with any ICD-10-CM code listed, no limit.

		O36.80X1, O36.80X2, O36.80X3, O36.80X4, O36.80X5, O36.80X9, O09.891, O09.892, O09.893, O09.899, O09.70, O09.71, O09.72, O09.73, O09.90, O09.91, O09.92, O09.93 O09.A0, O09.A1, O09.A2, O09.A3	
Tobacco Smoking Cessation in Adults The USPSTF recommends that clinicians ask all adults about tobacco use, advise them to stop using tobacco, and provide behavioral interventions and U.S. Food and Drug Administration (FDA)–approved pharmacotherapy for cessation to nonpregnant adults who use tobacco.	99406, 99407	Z00.00, Z00.01	Not allowed separately if billed with E/M code. Allow twice per year with any associated ICD-10-CM code.
		F17.200, F17.201, F17.203, F17.208, F17.209, F17.210, F17.211, F17.213, F17.218, F17.219, Z00.00, Z00.01, Z00.12, Z00.129, Z11.2, Z11.3, Z11.9, Z20.2, Z34.00, Z34.01, Z34.02, Z34.03, Z34.80, Z34.81, Z34.82, Z34.83, Z34.90, Z34.91, Z34.92, Z34.93, O09.00, O09.01, O09.02, O09.03, O09.10, O09.11, O09.12, O09.13, O09.291,	

Tobacco Smoking Cessation in Pregnant Women The USPSTF recommends that clinicians ask all pregnant women about tobacco use, advise them to stop using tobacco, and provide behavioral interventions for cessation to pregnant persons who use tobacco.	99406, 99407	009.292,009.293, 009.299,009.40, 009.41,009.42, 009.43,009.211, 009.212,009.213, 009.219,009.30, 009.31,009.32, 009.33,009.511, 009.512,009.513, 009.519,009.521, 009.522,009.523, 009.529,009.611, 009.612,009.613, 009.619,009.621, 009.622,009.623, 009.629,009.811, 009.812,009.813, 009.819,09.821, 009.822,009.823, 009.829,036.80X0, 036.80X1,036.80X2, 036.80X3,036.80X4, 036.80X5,036.80X4, 036.80X5,036.80X9, 009.891,009.892, 009.893,009.899, 009.70,009.71, 009.72,009.73, 009.90,009.91, 009.92,009.93 009.A0,009.A1, 009.A2,009.A3	Not allowed separately if billed with E/M code. Allow twice per year with any associated ICD-10-CM code.
Tobacco Use in Children and Adolescents The USPSTF recommends that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents.	99406 <i>,</i> 99407	Z00.121, Z00.129, F17.200, F17.201, F17.203, F17.208, F17.209, F17.210, F17.211, F17.213, F17.218, F17.219	Not allowed separately if billed with E/M code Allow twice per year with any associated ICD-10-CM code.
Latent Tuberculosis Infection Screening in Adults			Allow CPT code with diagnosis listed only as

The USPSTF recommends screening for latent tuberculosis infection in populations at increased risk.	86480, 86481, 86580	Z11.1, Z20.1, Z00.00, Z00.01	preventive for 18 years or older once per year. Use beyond preventive indication may be covered under the medical benefit.
Unhealthy Alcohol Use Screening in Adolescents and Adults and Behavioral Counseling Interventions The USPSTF recommends screening for unhealthy alcohol use in primary care settings in adults 18 years or older, including pregnant women, and providing persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce unhealthy alcohol use.	99408, 99409	Z71.41, Z00.00, Z00.01	Not allowed separately if billed with E/M code. If no E/M billed only allow 18 years of age or older. Allow twice per year with any associated ICD-10- CM code.
Vision Screening in Children Ages 3 to 5 Years The USPSTF recommends vision screening at least once in all children ages 3 to 5 years to detect amblyopia or its risk factors.	99173, 99174, 99177	Z13.5, Z01.00, Z01.01, Z00.121, Z00.129,	Allow once between ages of 3-5 years as preventive. Use beyond preventive indication may be covered under the medical benefit.
Vision Screening: Adults (Fully Insured and Individual) Not a USPSTF Recommendation, but Provided on Certain Plans.	92002, 92004, 92012, 92014, 92015	Z13.5, Z00.00, Z00.01	Once per year plus refractive testing once per year. <i>Check your Plan</i> <i>Summary of Benefit</i> <i>Coverage</i> .
Perinatal Depression: Preventive Interventions: Pregnant and Postpartum Persons The USPSTF recommends that clinicians provide or refer pregnant and postpartum persons who are at increased risk	N/A	N/A	N/A

of perinatal depression to counseling interventions.			
Unhealthy Drug Use: Screening: Adults age 18 Years or Older The USPSTF recommends screening by asking questions about unhealthy drug use in adults age 18 years or older. Screening should be implemented when services for accurate diagnosis, effective treatment, and appropriate care can be offered or referred. (Screening refers to asking questions about unhealthy drug use, not testing biological specimens.)	99408, 99409	Z71.41, Z00.00, Z00.01	Not allowed separately if billed with E/M code. If not E/M billed only allow 18 years of age or older. Allow twice per year with any associated ICD-10- CM code.
Prevention of Human Immunodeficiency Virus (HIV: Preexposure Prophylaxis: The USPSTF recommends that clinicians prescribe preexposure prophylaxis using effective antiretroviral therapy to persons who are at increased risk of HIV.	Office Visits: 99202, 99203, 99204, 99205, 99212, 99213, 99214, 99215 Laboratory: Kidney Function Testing 82565, Pregnancy Testing 81025, 84702, 84703	Z11.3, Z20.2, Z20.6, Z72.51, Z72.52, Z72.53	Allow any office visit code and any laboratory code once every 3 months. Use beyond preventive indication may be covered under the medical benefit.

References:

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- 2. Centers for Medicare and Medicaid Services (2021) Accessed: September 7, 2021. Available at: <u>https://www.cms.gov/</u>
- 3. Health Resources & Services Administration (HRSA) Maternal and Child Health. (December 2022). Accessed: February 1, 2024. Available at: https://mchb.hrsa.gov/programs-impact/programs/bright-futures
- U.S. Preventive Services Task Force (2024). Accessed: February 1, 2024. Available at: <u>https://www.uspreventiveservicestaskforce.org</u> or https://www.uspreventiveservicestaskforce.org/uspstf/topic_search_results?topic_status=P

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